How To...
Sprouting Seeds

Materials
Plastic Sandwich Bag
Seeds
Paper Towel
Bowl
Water

Procedure
1. Wet paper towel till damp but not dripping with water
2. Place a few seeds on towel
3. Fold one side of paper towel to the middle
4. Fold other side of paper towel to the middle
5. Fold bottom of paper towel to the middle
6. Fold top of paper towel over top of the bottom
7. Place paper towel in sandwich bag
8. Do not close bag (seeds need air)
9. Place bag in a warm well-lit area and check on it in a week
10. Plant in pot or garden

Adapted From: http://www.theresourcefulmama.com/book-craft/