How To...
Glow Jars

Materials
Glass jar
Glow sticks
Rubber gloves
Scissors
Protective eyewear
Piece of tulle

Procedure
1. Cut one piece of tulle slightly larger than jar
2. Place tulle inside jar
3. Put on rubber gloves
4. Crack the glow stick(s) to activate the glow material
5. Insert one end of glow stick into jar
6. Cut the tip in jar to avoid splashing (keeps tiny glass bits contained in jar)
7. Put lid on
8. Stir and shake the cut glow sticks inside jar

Adapted from: http://thegoldjellybean.com/2012/06/making-glow-jars.html