How To...

Bursting Boba

Materials

- Sodium alginate bath
  1L distilled water
  5g sodium alginate

- Flavored liquid
  250g of juice
  5g calcium lactate glutamate

Procedure

1. Make sodium alginate bath by blending bath ingredients and chilling 1-24 hours.
2. Prepare flavored liquid by thickening with xanthan gum to the consistency of thick cream.
3. Refrigerate flavored liquid over night to remove air bubbles.
4. To make the spheres drop flavored liquid into the sodium alginate bath.
5. Rinse the spheres with clean water before eating.